

# Wellness WEDNESDAYS

Yoga, Thai Chi, & Meditation from 6-7 PM



Find Your Zen at  
Harvest Hope Park!  
13704 N 20<sup>TH</sup> St, Tampa, FL

**APRIL**  
1<sup>ST</sup>, 8<sup>TH</sup>, 15<sup>TH</sup>,  
22<sup>ND</sup>, 29<sup>TH</sup>

**FREE TO ATTEND!**

For any questions, contact  
Delaney Shannon at  
dshannon@uacdc.org or Ronnie  
Oliver at roliver@uacdc.org



Children's Board  
HILLSBOROUGH COUNTY  
www.ChildrensBoard.org

