Wellness WEDNESDAYS

Yoga, Tai Chi, & Meditation from 6-7 PM





Find Your Zen at Harvest Hope Park!

13704 N 20TH St, Tampa, FL

OCT.

7TH, 14TH, 21ST & 28TH

FREE TO ATTEND!

For any questions, contact Delaney Shannon at dshannon@uacdc.org or Ronnie Oliver at roliver@uacdc.org



University Area CDC
Let's grow together!

Get Moving
Mind, body and soul.

Children's Board
HILLSBOROUGH COUNTY
www.ChildrensBoard.org

USAA

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