

# Wellness WEDNESDAYS

Yoga, Tai Chi, & Meditation from 6-7 PM



**Find Your Zen at  
Harvest Hope Park!**  
13704 N 20<sup>TH</sup> St, Tampa, FL

**OCT.**  
**7<sup>TH</sup>, 14<sup>TH</sup>,  
21<sup>ST</sup> & 28<sup>TH</sup>**

**FREE TO ATTEND!**

For any questions, contact  
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Oliver at [roliver@uacdc.org](mailto:roliver@uacdc.org)



Children's Board  
HILLSBOROUGH COUNTY  
[www.ChildrensBoard.org](http://www.ChildrensBoard.org)



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